



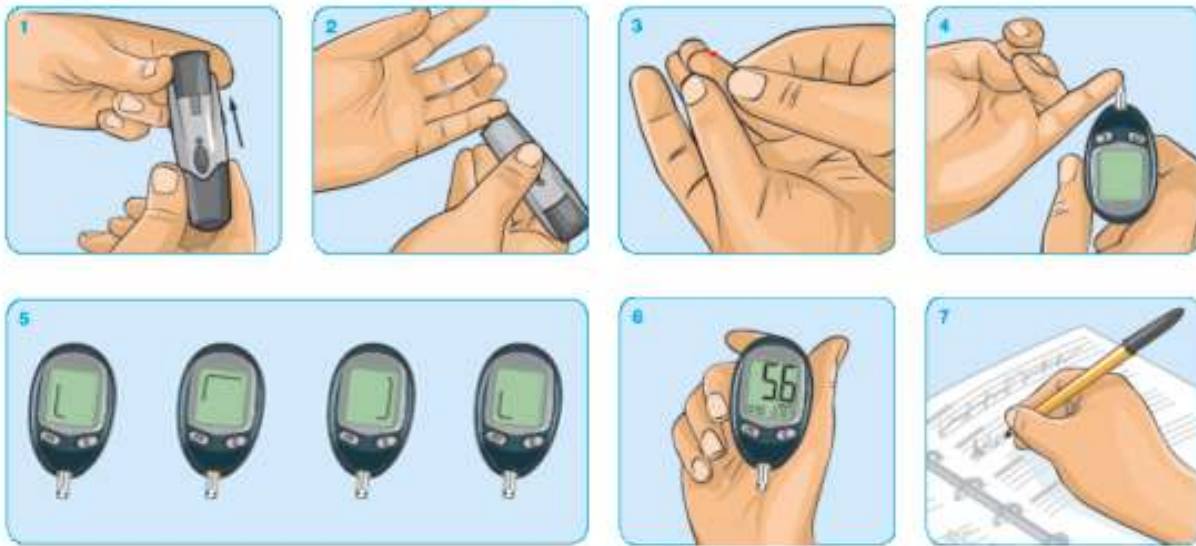
FOR DELEGATED CAREGIVERS

Student:	DOB:
Procedure Written on:	
By:	
Reviewed on:	
By:	
Reviewed on:	
By:	

BLOOD GLUCOSE TESTING

1. Test blood sugar (check appropriate box)
 - Daily at lunch
 - Daily at scheduled time: Before bus ride home _____
 - For complaints of or compatible symptoms of high or low blood glucose
2. Verify that the diabetic kits is student's
3. Set out equipment in a clean area next to student. Provide privacy.
Equipment is stored _____
 - Blood sugar test strip (1)
 - Blood sugar meter labeled with students name
 - Soap and water or alcohol swab
 - Lancet and lancing device
 - Tissue or paper towel to work on
 - Gloves
 - Other _____
4. Wash hands and have student wash hands. If student is unable to wash hands (such as a field trip) have student cleanse finger with alcohol wipe
5. Place the injector perpendicular to the skin. Release the needle and pierce the skin.
6. Gently squeeze (but do not touch) the puncture site until a large drop of blood forms.
7. Hold the test strip under the puncture until enough blood covers the indicator square.

8. Apply pressure to the puncture site with cotton ball or gauze.
9. Place the strip into the meter according to manufacturer's instructions. Note the blood sugar reading on the meter.
10. Properly dispose of test strip in plastic lined garbage receptacle. Dispose of lancet in biohazard sharps container.
11. Remove your gloves and wash hands. Direct student to wash hands.
12. After obtaining blood sugar reading, refer to Procedure for Responding to High or Low Blood Sugar Reading with Meter.
13. Record time, date, and blood sugar reading on student's log



References

Berman, A., Snyder, S., Kozier, B., & Erb, G. (2008). *Fundamentals of nursing: Concepts, process, and practice* (8th ed.). Upper Saddle River, NJ: Prentice Hall.

Multnomah Education Service District. (2013). Procedure for blood sugar testing.